

Waddecar Brock Bash Mud Run 2024

Name of Activity (and Version No.)	BrockBash Mud Run	Date of risk assessment	5 October 2024	Name of who undertook this risk assessment	Mick Brooks	COVID-19 readiness level transition	
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Hazard Identified? / Risks from it?	Who is at risk?	How are the risks already controlled? What extra controls are needed?
Slips, trips and falls	Competitors and marshalls	Sprain, strain, or bruise whilst running or walking course on rough terrain and traversing obstacles. The Course is only to be used in an organised manner and under supervision by marshalls around the course. Participants must be appropriately briefed prior to starting the activity. Course elements, ground surface and area regularly inspected by marshalls. Course elements to be assessed prior to use by marshalls. Spotters and marshalls are to assist participants where necessary, especially when the course is wet. Throw lines provided around pond area manned by marshalls.
Canoe pond water is of sufficient depth for drowning to occur	Competitors and marshalls	Slipping off pontoons and banking's The Course is only to be used in an organised manner and under supervision by marshalls around the course. Participants must be appropriately briefed prior to starting the activity. Course elements, ground surface and area regularly inspected by marshalls. Course elements to be assessed prior to use by marshalls. Spotters and marshalls are to assist participants where necessary, especially when the course is wet. Throw lines provided around pond area and safety cover in the pond covered by marshalls.
Shallow water: impact with pond floor	Competitors and marshalls	Hitting bottom of pond as the depth is only 1.2mtrs Instruction and supervision by marshalls to ensure that participants do not jump into pond.
Water could become contaminated (e.g., Weil's disease)	Competitors and marshalls	Contamination in the water such as debris from rotten vegetation and animals. Visual check of water for contamination / evidence of vermin by marshalls All cuts / grazes should be covered (Leader) Wash / shower after using the pond (Leader) No food / drink to be consumed whilst taking part in the activity (Leader) Participants briefed to avoid swallowing water (Leader)

Additional information can be found in the **Safety Checklist for Leaders** and other information at scouts.org.uk/safety

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Exposure. Hypothermia	Competitors and marshalls	By being too hot or cold due to weather conditions and overheating due to exercise. Assess the water / air temperature and do not use the pond if it is excessively cold for the participants involved (Leader) Wear appropriate protective clothing (Leader) Observe participants for signs of hypothermia (Leader) All competitors to shower and change into warm clothing as soon as the event has finished
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Completed by	Name: Mick Brooks Role / Qualification: Activities and Facilities Supervisor Date: 11 November 2024	Checked by Line Manager	Name: Damian King Role / Qualification: Centre Manager Date: 11 November 2024
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